POLA
ADVANCED TOOTH
WHITENING SYSTEM
SDI

SDI

POLA

ADVANCED TOOTH
WHITENING SYSTEM

Talk to your patient about a whitening program that's right for them.

In-Office Treatments

Pola Office

35% hydrogen peroxide	3 × 8 minute applications

Pola Office+

37.5% hydrogen peroxide	3 × 8 minute applications

At Home Treatments

Pola Day

9.5% hydrogen peroxide	2 × 15 minute applications or 1 × 30 minute application per day

Pola Day CP

35% carbamide peroxide	15 minute wear time at home or 30 minutes for jump start in dental office

Pola Night

Note: 1% of hydrogen peroxide equates to 3% of carbamide peroxide

10% carbamide peroxide	1 × 2 hours to overnight
16% carbamide peroxide	90 minutes per day to overnight
22% carbamide peroxide	1 × 45 minutes a day

Pola Light

Pola Day 9.5% hydrogen peroxide	2 × 10 minute treatments a day
Pola Night 22% carbamide peroxide	2 × 15 minute treatments a day

In-Office

Treatments

Pola Office　Pola Office+

Pola Office+

Indications: Whitening of discolored vital and non-vital teeth.

Pola Office+ is a unique formulation that releases the active ingredients immediately to initiate the whitening treatment.

This unique 37.5% hydrogen peroxide formulation is designed to whiten teeth in 30 minutes.

By breaking down and releasing the peroxide ions fast and effectively, Pola's whitening process is triggered and does not require a UV light to accelerate the treatment.

Requiring one thin layer applied to teeth that is easily removed by rinsing, Pola has neutral pH to ensure that the whitening only acts on teeth, minimizing irritation, burning, pain, or long-term gum damage.

Pola Office

Pola Office, with its 35% hydrogen peroxide formulation is designed to whiten teeth in 30 minutes. With its neutral pH to protect your patient's teeth and gums, the unique formulation releases the active ingredients immediately to initiate the whitening treatment.

At Home

Treatments

Pola Day　Pola Night　Pola Day CP

Indications:

- Whitening of discolored vital teeth.
- Whitening of discolored non-vital teeth.

Safe and convenient

Pola Day and Pola Night's unique high water content formulation has a neutral pH to protect gums and teeth during treatment.

Effective whitening

The desired whitening effect can be achieved in as little as 30 minutes or can be conveniently applied overnight.

What's the difference between Pola Day and Pola Night?

Pola Day consists of a range of hydrogen peroxide based take home gels specifically designed for achieving whitening results for patients with limited time in their schedule.

Pola Night is a range of carbamide peroxide based take home gels that deliver optimum whitening results to patients who experience mild discomfort.

Both ranges are available in a variety of different strengths.

Pola Day CP

Pola Day CP is the super-fast take home whitening gel which can be given to the patient to take home and apply to their trays themselves. From just 15 minutes, once or twice per day, patients will see changes immediately.

Scan QR code for step by step instructions.

Pola Light

Advanced take home tooth whitening system with LED light technology

Enjoy a brighter, more confident smile in 5 days.

Pola Light is an advanced tooth whitening system that combines Pola's award-winning whitening formula with an LED mouthpiece for a faster whitening treatment.

- The Pola Light system combines with Pola Day or Night gel.
- Fast acting, delivering whiter teeth in as little as 5 days.
- Formulated to safely remove long term stains.
- Fully rechargeable for future tooth whitening treatments.
- Extra hydration to ensure maximized patient comfort

Scan QR code for step by step instructions.

FROM JUST 20 MINUTES A DAY

2 × 10 or 2 × 15 minute treatments per day.

EASY TO USE

Portable, rechargeable and easy to wear with no cord attached to mouthpiece.

Pola LED mouthpiece is a dual arch and a universal size.

WHITER TEETH IN FIVE DAYS

5 day treatment time.

No chair time or custom trays required, saving time for both patient and dentist.

PROFESSIONALLY USED AND RECOMMENDED

Pola is a professional tooth whitening system that is trusted and recommended by dentists to achieve a safer, quicker and whiter smile.

The high viscosity, neutral pH tooth whitening gels ensure the greatest patient comfort in a take home kit.

The unique blend of soothers, conditioners and high water content help maximize patient comfort.

POLA
POLA LIGHT
POLA
SDI
POLA LIGHT
ADVANCED TOOTH WHITENING SYSTEM
POLA

Pola Whitening Stand

Using a Light is optional with Pola Whitening

Simple design

The Pola Whitening Stand comes in a smart and slimline design that is compatible with the SDI Radii Xpert curing light.

Wide range of movements and adjustments

The Pola Whitening Stand has five rotation points, allowing you to adjust the stand up to 360° to achieve the exact position you require.

Versatile

The stand can be positioned beside or behind the patient, depending on the practice requirements.

Equipped with wheels

The stand is equipped with wheels allowing complete freedom of movement and control from room to room.

Lightweight, cordless and compact

Moving and positioning the stand is simple due to the lightweight and cordless design.

The compact stand is easy to clean and can easily be stored away when not in use.

Stability of the system

The stand brakes ensure the base remains steadily in place while in use.

Scan QR code for step by step instructions.

CLINICAL CASE STUDIES

Jessica Renaud
Canada

Pola Office+ 37.5%

Dr. David Carralero Plaza
Spain

Pola Day 9.5%

F

A Q

What causes tooth discoloration?

Everyone's teeth are unique, therefore they discolor and stain in different ways. The discoloration or staining of a tooth is typically caused by strong colored foods and liquids such as coffee, curry or from smoking cigarettes.

How does tooth whitening work?

When a whitening product is applied to the tooth, it breaks down into water and oxygen ions. The oxygen ions enter the enamel and attack the long stain molecules to effectively break them down to be short and colorless. These short and colorless molecules are then naturally removed from the tooth by saliva. The intensity of whitening is related to the number of ions available and the length of time they are on the tooth.

Oxygen ions enter the enamel and attack the long stain molecules.

Long stain molecules broken down to be short and colorless.

Long stain molecules removed from the tooth by saliva.

How long does it take to whiten a patient's teeth?

With in-clinic whitening, results may be obtained in just 30 minutes treatment time. Using a take home whitening system may take approximately 5-14 days.

How long will the whitening treatment last?

Teeth whitening is an irreversible dental procedure and the time frame in which the treatment will last is dependent on the individual person and their oral habits. Teeth whitening can be repeated from 6-12 months for both in-office and take home procedures.

How does whitening affect restorations and veneers?

Whitening will remove any existing stains on the restorations and veneers, but will not affect the original shade.

Are there any side effects?

For those who follow the Instructions for use that come with the Pola products, the majority will have no side effects. However, some will experience mild discomfort. This will subside after several hours of stopping the treatment and will not cause any lasting issues. The patient should abstain from carbonated drinks, citrus fruits and beverages during this period.

Is teeth whitening safe during pregnancy?

It is not recommended to use teeth whitening products during pregnancy.

Pola In-Office

POLA OFFICE

Pola Office 1 Patient Kit 2 X 0.3g Pola Office Powder Pots 2 X 2mL Pola Office Syringes 1 X 1g Gingival Barrier Syringe Accessories	7700030
Pola Office 3 Patient Kit 6 X 0.3g Pola Office Powder Pots 6 X 2mL Pola Office Syringes 3 X 1g Gingival Barrier Syringes Accessories	7700015

GINGIVAL BARRIER

Gingival Barrier 2 Syringe Refill 2 × 1g Gingival Barrier Syringes Accessories	7750006

Please note: each pack includes accessories.
CP: Carbamide Peroxide HP: Hydrogen Peroxide

POLA OFFICE+

Pola Office+ 1 Patient Kit 1 X 2.8 mL syringes of Pola Office+ 1 X 1g Gingival Barrier syringes Accessories	
With Optragate	7700431
No Optragate	7700430
Pola Office+ 3 Patient Kit 3 X 2.8 mL syringes of Pola Office+ 3 X 1g Gingival Barrier syringes Accessories	
With Optragate	7700416
No Optragate	7700415

POLA WHITENING STAND

1 x Stand 1 x mount for SDI Radii Plus 1 x mount for SDI Radii Xpert Accessories	7700989

Pola At Home

POLA DAY

Pola Day Mini Kit 4 × 1.3g (9.5% HP)	7700172
Pola Day 10 × 1.3g Syringe Kit (9.5% HP)	7700170
Pola Day 50 × 3g Dispenser Kit (9.5% HP)	7700171

POLA DAY CP

Pola Day CP Mini Kit 4 × 1.3g (35% CP)	7700173

POLA LIGHT

Pola Light 4 × 3g Pola Day Syringes	
(9.5% HP)	7700986
(22% CP)	7700987

POLA LIGHT DISPLAY STAND

1 x Stand	7700979

POLA NIGHT

Pola Night Mini Kit 4 × 1.3g	
(10% CP)	7700213
(16% CP)	7700176
(22% CP)	7700179
Pola Night 10 × 1.3g Syringe Kit	
(10% CP)	7700212
(16% CP)	7700174
(22% CP)	7700177
Pola Night 50 × 3g Dispenser Kit	
(10% CP)	7700214
(16% CP)	7700175
(22% CP)	7700178

TRAY CASES

Tray Cases 5 Pack 5 x Tray Cases	7750008

TRAY MATERIAL

20 Tray Material 20 Pieces	7750005

SPACER RESIN

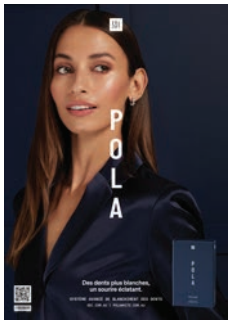
2 Syringe Kit 2 × 1g Spacer Resin Syringes	7700012

COSMETIC POLA POUCHES

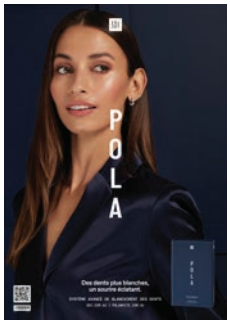
Cosmetic Pola Pouches: 10 Pouches	7700999

Available marketing material

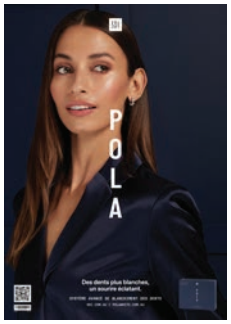
Marketing material to assist in promoting whitening to patients.



Poster Pola Day
Reorder M110050



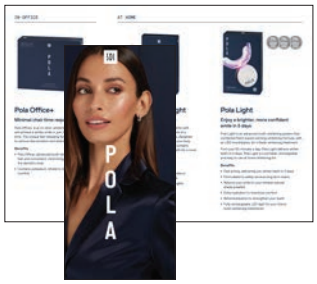
Poster Pola Night
Reorder M110051



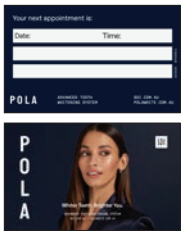
Poster Pola Office+
Reorder M110171

Pola Before & After Stand
Reorder M110057

Pola Patient Handout Stand
Reorder M110059



Pola Patient Handout
Reorder M110024



Pola Appointment Card
Reorder M110056

Pola Window Sticker
Reorder M110058

Pola Thank You Card
Reorder M110063

Pola Statement Stuffer
Reorder M110060

Pola Light Patient Handout
Reorder M110034

Pola Carry Bag
Reorder M100332

Pola Carry Bag
Reorder M100331

Pola Waiting Room USB Video
Reorder M100245

Customizable Marketing Material
More customizable marketing material is available via download. Visit www.sdi.com.au

SDI

SDI Limited is primarily involved in the research and development, manufacturing and marketing of specialist dental materials. SDI's products are a combination of innovation and excellence to provide the ideal restorative materials for the dental profession.

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